

SCARSDALE SENIOR HAPPENINGS



MARCH 2020, VILLAGE OF SCARSDALE

Again – another easy winter with no snow to speak of! So far.....

Scarsdale has a new website. All Scarsdale Seniors must register their e-mails to get senior information, cancellations or changes in programs. To register your e-mail, go to www.scarsdale.com and scroll down to “Notify Me” on the right. Click on the envelope. Follow the directions. Select sign-in options as to your interest in receiving e-mails from the Village. Scroll up to “Your profile information” and sign out.

* After you subscribe you will receive confirmation e-mails. Make sure you respond to the e-mails.

* For senior news and the Happenings: Go to www.scarsdale.com, click on DEPARTMENTS. Under Parks & Recreation, scroll down to the bottom and on the left, click on Senior Citizens.

If you need help call 722-1160.

PROGRAMS AT THE GSH.

Yoga: Mondays at 9:30am, on 3/9, 16, 23 Cancelled on March 2nd & 30th.

Fridays at 12:30pm, on 3/6, 13, 20 & 27

Total Body Workout and Tai Chi : Thursdays at 9:15 am and 10:30 am on 3/5, 12, 19 & 26.

DANCE FIT: Wednesdays at 9:30 AM on 3/11 & 25.

Join us for **Coffee and Conversation on Monday, March 16th** for an informative talk on important aspects of financial planning: Medicare solutions, understanding long-term care options, and qualifying for community Medicaid. Our presenters include Dianne Pritchard, a chartered retirement planning counselor and financial advisor with KPL Financial Group, and Colin Sandler, founder of Medicaid Solutions. Dianne has over 27 years of experience in the financial services industry, while Colin, a licensed clinical social worker, has been providing advice to seniors and families for over 20 years. Light, seasonal refreshments will be served.

AARP: Smart Driver Course Registration. In person registration for Smart Driver Course will be at the Village Hall starting at 9 AM on Wednesday, March 4th. First come first served. Bring our check for \$20 made out to AARP if you are a member, otherwise the fee is \$25. The program is limited to 30 persons. No registration will be accepted before March, 4th. The date for the course is Wednesday, March 18th and will begin at 9:30 AM at the Betty Taubert GSH. Please be prepared to stay until midafternoon. BYO Lunch. Coffee & tea will be provided. Participants do not have to be 55+ years old to take the course which gives a 10% discount on auto insurance for 3 years and you may be eligible to reduce 4 points on your driving record. Consult your agent for details. The program is also available online – visit www.aarp.org/drive/online for information.

PROGRAMS AT THE SCARSDALE WOMAN’S CLUB: Go to www.scarsdalewomensclub.org to access the schedule of programs or check the weekly calendar of the Arts and Entertainment section of the Scarsdale Inquirer.

PROGRAMS AT THE SCARSDALE PUBLIC LIBRARY: Check the library adult schedule to enjoy their programs. Call 722-1302 to receive a monthly online newsletter.

Tech Time with Dan: Mondays and Wednesdays by appointment. Bring your specific questions, devices and passwords. There is no help on viruses, hardware or purchasing. Only tech related questions including but not limited to: Library e-books, e-audio books, search and database help. Sessions are 30 minutes. Call to register 914-722-1302.

Scarsdale Forum Sunday Speaker Series, March 1, 3:00 PM: Maggie Farretti on Resilience Planning in Puerto Rico, Scarsdale Woman's Club, 37 Drake Road.

Thursday, March 12th, 1:00 PM: Scarsdale Alternative School, Film – "Donnie Darko"

Wednesday, March 18th, Not Your Kids' Book Club for Adults, 1 – 2PM: "The Stars Beneath Our Feet", Shaarei Tikvah, 46 Fox Meadow Road. Register: email Sheela at sheela@sheelachari.com.

Wednesday, March 25th, 1 – 2:30 PM: Nancy's Book Club, The Yellow House by Sarah M Broom at JCC 999 Wilmot Road. Call 914-722-1302 to register.

Thursday, March 26th, 7:30 PM: Scarsdale Woman's Club, "The Brothers Mankiewicz" with Sidney Stern, for more information call 914-358-6056 or visit scarsdalelibrary.org.

To help you with **Taxes** there are several programs available for free. Arrive early before the building opens since these are first come, first served. Bring your W-2 and all 1099's forms reporting all income and a copy of last year's tax return, social security card, photo ID, and cancelled checks and receipts if you plan to itemize deductions.

- 1) The Will Library, 1500 Central Ave. Tuesday & Wednesday 9:30 AM to 1:30 PM, 914-337-1500. Sign up at the lower level at 9:00 AM, ends April 15th.
- 2) The New Rochelle Main Library, Tuesday & Thursday 9:00 AM – 3:00 PM ends April 5th, 914-632-7878.
- 3) Theodore Young Community Center, 32 Manhattan Ave., Greenburg (Off Tarrytown Road), Friday and Saturday 9:00 AM – 2:00 PM, 914-989-3620, ends March 30th.

EXTENDED AND LOCAL TUESDAY TRIPS

Tuesdays are designated for extended and local trips. Local trips will leave from the Girl Scout House and are by school bus. Wear comfortable shoes and be at the proper destination 15 minutes before the scheduled departure time. Extended trips will use a van.

The trip activity code ranges from 1 – 4 with 1 being little walking, bus drops close to the event; whereas 2 indicates moderate; 3 is substantial walking with no rest places and 4 includes lots of walking and stairs. Please review the criteria and your own skill level before you sign up for a trip. If on-going assistance is required, it will be necessary for you to arrange for a companion or aide to attend the trip with you. Be sure your medical form is on file with your doctor's signature.

Please make sure to check with Parks & Recreation Department and/or the monthly newsletter for updates. Changes do occasionally happen. Please arrive 15 minutes before trips as all trips leave promptly. You are registered when we receive your payment. Only club members may reserve a space. Non-members can go on a waiting list with an extra charge of \$5. All participants must supply an emergency contact phone number and have submitted an emergency information form signed by your doctor. You can pick up a form at the Recreation Department in the Village Hall – or call and it will be mailed to you.

Refunds for trips will not be granted unless the spot can be filled from the waiting list. If your spot can be filled, \$10 or 10% of the trip fee (whichever is higher) will be charged for processing the refund. Full refunds for a medical reason will be granted before the trip when accompanied by a doctor's note.

For further information, call the Recreation Office at 722-1160 or leave a message for Kathy Hurwitz at 722-1162.

Tuesday, March 31st, 9:00 AM (Local Trip): Bronx Botanical Gardens, “The Orchid Show: Jeff Leatham’s Kaleidoscope”

Depart: 9:00 AM (Girl Scout House)

Return: 1:45 PM (Girl Scout House)

The 18th annual Orchid Show will feature the dazzling floral creations of Jeff Leatham, the famed artistic director of the Four Seasons Hotel George V, Paris and floral designer to the stars. Leatham’s bold and colorful vision will unfold through captivating installations and designs transforming each gallery of the exhibition in the historic Enid A. Haupt Conservatory into a different color experience, like a turn of a kaleidoscope. See dramatically arranged orchids in arches of deliberate hues delivering a kaleidoscopic tunnel effect, along with other design surprises featuring thousands of orchids – both rare and iconic- from the Garden’s renowned collections and the finest growers in the world.

If you are a member, remember to bring your pass. Admission on your own - \$20.00. BYO lunch or buy at the café. Members \$13, Non-members \$18. Code 3.

Tuesday, April 14th, 9:00 AM (Local Trip): The Bristol in Armonk

Depart: 9:00 AM (Girl Scout House)

Return: 1:45 PM (Girl Scout House)

We will have a guided tour of the facilities, observe any activities going on that day, visit apartments, listen to information and have lunch. Members \$13 Non-members \$18.

Tuesday, April 21st, 8:45 AM (Local Trip): Hindu Temple Society, New York Ganesh Temple

Depart: 8:45 AM (Girl Scout House)

Return: 1:45 PM (Girl Scout House)

This Hindu Temple located in flushing, Queens is more than four decades old and the first traditional temple in the United States. Starting out in a small former house on the site of a non-functioning Russian Orthodox Church, the present structure was completed in 1977 and consecrated on the 4th of July. Ganesh is the primary deity honored represented by a large and beautiful statue.

The inside of the temple is mostly one large open room, ringed with small statues of deities’ tucked into identical alcoves. There is a designated area for coconut offerings. Shoes must be removed at the entrance. You can walk around in socks or use available sandals resembling flip flops.

The cavernous temple basement houses a self-service canteen which serves simple delicious authentic southern Indian vegetarian dishes at reasonable rates.

We will have approximately 90 minutes with our guide who will explain things to us and recommend various items to eat in the canteen for lunch. Members \$13 Non-members \$18 Code 3.

HOMEBOUND SERVICE FOR SCARSDALE CARDHOLDERS: Unable to get to the library? If you or someone you know is permanently or temporarily disabled, volunteers will deliver and pick up materials. Please email scaref@wlsmail.org or call 914-722-1302 and ask for Wendy to arrange for the service or to volunteer. (Thanks to friends of the Scarsdale Library for supporting this service).

TRANSPORTATION: Taxi service (one-way) is available for local medical/dental visits, with one week advance notice for **Scarsdale Senior resident members only**. Call the Parks and Recreation Office, 722-1160. Don’t forget the Para-transit Bus, 995-7272, for Westchester seniors not able to use the regular bus, \$5.00 door to door, any day, anywhere in Westchester.

RideConnect, a program of Family Services of Westchester, provides information, referral and volunteer transportation services to older adults (60+), in Westchester County. Rides can be scheduled for medical, shopping, or other errands. Services are free, and rides can be provided on weekends and evenings. Ride Connect also offers a weekly shopping bus. Call 914-242-7433 or visit. www.RideConnectWestchester.org.

WestFair Rides (WFR) is a not for profit volunteer ride and information and referral service that manages ride choices for Westchester residents who are aged 60+ or 21+ with vision impairments. WFR works with other service organizations, hospitals, medical groups, town recreation departments and older adult programs to ensure that residents keep medical and healthcare appointments. WFR does not charge for its ride services, but does accept donations which it uses to recognize and reward its volunteer drivers who pay for their own gas and insurance. Call 914-764-3533 or visit www.westfairrides.org. Must call a week in advance for these two services.

INFORMATION & REFERRAL service is available to older persons and/ or their families. The Senior Co-coordinator will be at her desk for this service on Monday, Wednesday, Thursday and Friday from 1 to 2 PM. All inquiries are confidential. Call Kathy Hurwitz at 722-1162, or leave a message for her to contact you. For program questions call the office at 722-1160. To get more information on County Senior interests and events, access www.westchestergov.com/seniors. To access Scarsdale Senior information go to www.scarsdale.com and click on Departments. Scroll down to Senior Citizens (click). Scroll down to "Senior Happenings and date in small print. Click, open and allow. Be sure to register your e-mail so information about program changes can easily reach you.

SPECIAL SERVICES: Scarsdale & Edgemont Family Counseling Services offer Older Adult Services, including in home supportive counseling, friendly visits from volunteers and case management to assist older persons to remain at home and in the community. To find out more or to volunteer contact Maryellen Saenger, director of Aging in Place, call 723-3281 or visit the website: www.sfcsinc.org.

Kathy Hurwitz

SCARSDALE SENIORS ACTIVITES REGISTRATION, Spring 2020

_____ The Orchid Show-Botanical Gardens 9:00 AM	3/31/2020	Members \$13	Non-Members \$18
_____ The Bristal at Armonk 9:00 AM	4/14/2020	Members \$13	Non-Members \$18
_____ Hindu Temple in Flushing 8:45 AM	4/21/2020	Members \$13	Non-Members \$18

When Registering by Mail – Make check payable to: Village of Scarsdale

Send to: Senior Club, 1001 Post Road, Scarsdale, NY 10583

Use Credit Card when registering online – Registration available on line as of September 1, 2019

If you have not yet joined – Membership Registration 2019-2020

MEMBERSHIP: Scarsdale Residents \$15 _____ Eligible Non-Residents \$20 _____ Till 8/31/20

Name: _____ Phone # _____

Address: _____

Date of Birth: _____ E-Mail _____

Emergency Contact Name & Number: _____