



# Winter 2021 YOUTH INDOOR TENNIS

Program offered by The Scarsdale Recreation Department,  
Instructed and played at SPORTIME Harbor Island in Harbor Island Park  
East Boston Post Road, Mamaroneck NY : (914) 777-5050

Register online NOW @ [www.scarsdale.com/recreation](http://www.scarsdale.com/recreation)

NOTE: All instruction will follow all current health & safety guidelines at all times

For more information on all operating procedures please visit

[https://www.sportimeny.com/covid19\\_guide](https://www.sportimeny.com/covid19_guide)

**DAY:** Monday-Sunday (10 classes per session; Once a Week) - **Winter Indoor Program!!!**  
**TIME:** Times vary (please visit [www.scarsdale.com/recreation](http://www.scarsdale.com/recreation) for additional information)  
**LOCATION:** SPORTIME Harbor Island in Harbor Island Park -East Boston Post Rd Mamaroneck NY

**FEES:** **“RED BALL”** (Ages 5 - 8) 1 Hour: \$450  
Mon — Fri 5:00 to 6:00 PM / Sat & Sun 2:00 to 3:00 PM

**“ORANGE BALL”** (Ages 8 - 10) 1 Hour: \$525  
Mon — Fri 5:00 to 6:00 PM / Sat & Sun 2:00 to 3:00 PM

**“EXCEL GREEN”** (Ages 10 +) : 90 Minutes: \$920  
Mon — Fri 6:00 to 7: 30 PM / Sat 3:00 to 4:30 PM



**DATES:** Series 2— Jan 18th thru April 11th Off dates: 2/13 thru 2/19, 3/29 thru 4/4

**NOTE:** Every effort will be made to keep Scarsdale participants grouped together but some participants might be mixed with other groups depending on skill level and number of participants.

### DESCRIPTION OF LEVELS:

**“RED”** - The First Stage of the SPORTIME U10 Pathway. Using appropriate—sized RED Court (36’) and ball (low compression red) U10 RED One players learn to serve, rally and score on the RED court over the lower net. RED one students focus on tracking the ball, hitting positions and directing the ball using basic stroke shapes. Continue to RED two - refine stroke, court geography, advanced tracking, dealing with spin and speed.

**“ORANGE”** - ORANGE One players transition to the larger ORANGE Court (60’) and the full sized net, using both red balls and orange balls that move faster and bounce higher, making tracking and movement more challenging. Increased swing lengths and added spin needed to meet the demands of the court to match growing physical capabilities. Continue to ORANGE two where you begin to master patterns and begin to understand their own strengths and weaknesses. Each shot is now hit with the intention of challenging an opponent. Become more aggressive from the back of the court and playing more of the net.

**“EXCEL GREEN”** - Dedicated to meeting the instructional and recreational needs of junior players that provide an excellent learning environment. Step up to the green and yellow levels onto a 78’ full-sized court, playing with yellow and green balls, and leading to their ongoing participation in school teams, tournaments, and collegiate play, and, for some, a career in professional tennis!